

Long Term Planning



St Mary and St Andrew's Catholic Primary School 2023/24

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	+	+	+	+	+	+
	+	+	+	+	+	+
Reception	EYFS - Fundamental Movement Skills	EYFS - Fundamental Movement Skills	EYFS - FMS - How to catch a star	EYFS - FMS - Rumble in the jungle	EYFS - FMS - Jack and the Beanstalk	EYFS - FMS - Hungry Caterpillar
	EYFS - Fundamental Movement Skills	EYFS - FMS - Space	Dance - Toys	EYFS - Fundamental Movement Skills	Zumba	EYFS - FMS - Mini Beasts
Year One	KS1 - Y1 - Baseline Unit - Lost and Found	KS1 - Y1 - FMS Underarm Throw	KS1 - Y1 - FMS Rolling a Ball	KS1 - FMS Kicking Unit	Zumba	KS1 - Y1 Athletics
	KS1 Y1 FMS - Zog	KS1 - Y1 - Gymnastics Activities Core Task 1	KS1 - Y1 Dance - Toy Story	KS1 - FMS Kicking Unit	KS1 - Y1 - FMS Overarm Throw	KS1 - Y1 - Baseline Unit - Lost and Found
Year Two	KS1 - Y2 - FMS End of KS1 Assessment	KS1 - Y2 - Gymnastics Activities	KS1 - Y2 FMS Playground games in the 20th Century	KS1 - Y2 Games - Piggy in the Middle (Core Task)	Zumba	KS1 - Y2 Athletics
	KS1 - Y2 FMS Bounce Ball	KS1 - Y2 - Games - Striking and Fielding	Year 2 Dance Activities - Seaside	KS1 - Y2 - FMS End of KS1 Assessment	KS1 - Y2 - Games - Striking and Fielding	KS1 - Y2 - OAA The Great Outdoors

Striking and Fielding

Seaside

KSI Assessment

Striking and Fielding

Outdoors

Year Three	Year 3/4 Invasion Games - Handball	Year 3/4 Striking and Fielding - Cricket	Year 3/4 Invasion Games - Rugby 1	Year 3 Gymnastics Core Task 2	Swimming - Phase 1	Year 3/4 OAA - Team Work & Problem Solving
	Year 3/4 Target Games - Boccia	Year 3 Gymnastics Core Task 1	Year 3/4 Dance - Myths and Legends	Year 3/4 - Net and Wall Unit Core Task 1	Zumba	Year 3/4 Athletic
Year Four	Year 3/4 Target Games - Boccia	Year 4 Gymnastics Core Task 1	Year 3/4 Dance - Myths and Legends	Year 4 Gymnastics Core Task 2	Swimming - Phase 1	Year 3/4 OAA - Team Work & Problem Solving
	Year 3/4 Invasion Games - Handball	Year 3/4 Striking and Fielding - Cricket	Year 3/4 Invasion Games - Rugby 2	Year 3/4 - Net and Wall Unit Core Task 2	Zumba Dancing	Year 3/4 Athletics
Year Five	Year 5/6 Invasion Games - Hockey	Year 5 Gymnastic Core Task 2	Year 5/6 Striking and Fielding - Cricket	Year 5/6 Invasion Games - Netball	Year 5/6 Invasion Games - Rugby 1	Zumba Dancing
	Year 5 Gymnastic Core Task 1	Year 5/6 Orienteering	Year 5/6 OAA - Teamwork and Problem Solving 1	Clog Dancing 1	Year 5/6 Striking and Fielding - Rounders	Year 5/6 Athletics
Year Six	Year 6 Gymnastic Core Task 1	Year 5/6 Orienteering	Year 5/6 OAA - Teamwork and Problem Solving 2	Year 6 Gymnastic Core Task 2	Year 5/6 Striking and Fielding Games - Rounders	Year 5/6 Athletics
	Year 5/6 Invasion Games - Hockey	Year 5/6 Dance - Highway Man	Year 5/6 Invasion Games - Netball	Year 5/6 Net and Wall - Tennis	Clog Dancing 2	Zumba Dancing